

**Please note the changes and additions to the schedules below in red.
Designated Competitions for Youth Development Y14**

Ottawa Under 15	Nov. 7-8	Ottawa	Points
CSC # 2 Cd.	Nov. 26-29	Ottawa	Points
Brock Cadet	Nov. 21 2009	St. Catherine's ON	Points
Youth	Dec. 13	Kingston	Points
Cadet- Youth	Feb 20-21	TBD	Points
Cadet Youth	Mar. 7	Newmarket	Points
JYC RA Centre	April 10-11	Ottawa	Points
Y14 Nationals	July 1- 4	Quebec	Points
Cadet Nationals	July 1- 4	Quebec	Points
<i>*OSG Preparation Camp</i>	<i>July 24 - 25</i>	<i>TBD</i>	<i>Mandatory for OSG athletes</i>
<i>Ontario Summer Games</i>	<i>Aug. 10 - 13</i>	<i>Sudbury</i>	<i>Selected athletes</i>

There was a Y14 CSC on the original program which has been removed (Oct. 25 2009) since no competition will be held.

- The best four results will be used for ranking
- Ontario Summer Games will use April 1, 2010 Ranking
- Final Elite Team Ranking July 30, 2010

Designated Competitions for Youth Development Y16 (Cadet)

Ottawa Under 17	Nov. 7-8	Ottawa	Points
Brock Cadet	Nov. 21 2009	St. Catherine's ON	Points
CSC # 2 Cadet	Nov. 26-29	Ottawa	Points
Cadet	Dec. 12	Kingston	Points
Cadet	Jan 23-24	TBD	Points
Cadet-	Feb 20-21	TBD	Points
Cadet	Mar. 7	Newmarket	Points
JYC RA Centre	April 10-11	Ottawa	Points
Cd Prov. Champs	May 8 - 9	TBD	Points
Cadet Nationals	July 1- 4	Quebec	Points
<i>*OSG Preparation Camp</i>	<i>July 24 - 25</i>	<i>TBD</i>	<i>Mandatory for OSG athletes</i>
<i>Ontario Summer Games</i>	<i>Aug. 10 - 13</i>	<i>Sudbury</i>	<i>Selected athletes</i>

- The best four results will be used for ranking
- Ontario Summer Games will use April 1, 2010 Ranking
- Final Elite Team Ranking July 30, 2010

Note: the Elite ranking will be used to select athletes for Quest funding only if the spots are not filled from the CFF Selection rankings as of Dec. 30, 2009